

## Patient Information : Pre-tibial Laceration



### Cork Emergency Medicine

[EMed.ie](http://EMed.ie)



The cut on your leg is one which needs special care and can take anything between weeks and months to heal.

- We don't always use stitches on this type of cut because the skin is usually very thin on your leg, so instead we use paper stitches called steristrips.
- Your cut will heal better with a good supply of blood to it which is why we put the bandage all the way from your toes to your knee. This ensures a good even circulation to your leg.
- There may be two layers of bandage, one of which should be removed at night.

### Do

- Keep your bandage on until your next visit
- Keep yourself mobile and walking around as usual
- Rest two or three times a day for half an hour each time by sitting or lying down with your legs higher than your bottom
- If you need painkillers take something like paracetamol

### Don't

- Don't get your bandage wet
- Don't stand for a long time in one position

**Please return to hospital before your next appointment if:**

- Your leg bleeds heavily soaking the dressing thoroughly
- Your toes become very swollen
- You are worried about your leg for any reason at all

Doctors name for this consultation:

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If you are concerned, please contact the Emergency Department you first attended:	<b>Mercy University Hospital</b> (021) 4271971	<b>M-UCC at SMHC (St. Mary's Health Campus)</b> (021) 4926900	<b>CUH</b> (021) 4920200	<b>Mallow General Hospital</b> (022) 21251	<b>Bantry General Hospital</b> (027) 52900
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