

 **Truvada & Isentress** 
Cork Emergency Department (EMed.ie)

Truvada

- Truvada is a combination of 2 drugs tenofovir & emtricitabine
- These are both Nucleoside Reverse Transcriptase Inhibitors (NRTIs)
- Generally, two NRTIs are used in all triple therapy (HAART) drug combinations
- Take ONE truvada tablet ONCE daily
- Truvada is usually taken with food

Isentress

- Isentress is an integrase inhibitor & contains raltegravir
- Take ONE Isentress tablet TWICE daily approx. 12 hours apart
- There are no food restrictions with this drug
- Tablets should be swallowed whole (not chewed, broken or crushed)

Side effects

Side effects with both Truvada and Isentress are generally mild.

Some patients may experience:

- Mild headache
- Feel nauseous
- Stomach cramps
- Rash
- Tiredness
- Diarrhoea
- Vomiting

Updated by Ms. Fiona Ahern (Pharmacy Dept. CUH), Dr. Íomhar O' Sullivan March 2015

If you are concerned, please contact the Emergency Department you first attended:

Mercy University
Hospital
(021) 4271971

M-UCC at SMHC
(St. Mary's
Health Campus)
(021) 4926900

CUH
(021) 4920200

Local Injury Unit
Mallow General
Hospital
(022) 58506

Bantry General
Hospital
(027) 52900

