



## CUH Trauma Assessment Clinic (TAC)



Cork Emergency Medicine

<http://EMed.ie>

### What is the Trauma Assessment Clinic?

CUH Trauma Assessment Clinic (TAC) is a safe and fast process for assessing specified injuries which will determine if there is a need for you to attend an Orthopaedic Fracture Clinic. In many cases, there is no requirement for patients to attend a Fracture Clinic.

### When does the Trauma Assessment Clinic Take Place?

The TAC takes place every Wednesday morning.

### Where does the Trauma Assessment Clinic Take Place?

The TAC takes place in one of the consulting/examination rooms within CUH Fracture Clinic.

### Who is present at the Trauma Assessment Clinic?

Consultant Orthopaedic Surgeon, Clinical Specialist Physiotherapist and Nurse.

### Do I need to attend the Trauma Assessment Clinic?

No – you do not need to attend the TAC

### What happens at the Trauma Assessment Clinic?

The Consultant Orthopaedic Surgeon will review your x-ray images and your Emergency Department notes, and will make a decision in relation to your follow-up care.

### What Outcomes can I expect?

You may be discharged from the hospital, you may require a follow-up review at a Fracture Clinic or you may require a physiotherapy appointment.

### How will I find out the outcome of the Trauma Assessment Clinic?

You will be contacted via telephone after the clinic by either the Clinical Specialist Physiotherapist or the Nurse who were in attendance at the TAC. You will receive this between 2.00 p.m. – 4.00 p.m. on Wednesday.

### How can I contact the Trauma Assessment Clinic?

You can contact the TAC telephone line on 087-087-1008967 between 2.00 p.m. – 4.00 p.m. on Tuesday.

Should you have any concerns in relation to your injury, please attend your GP or local Emergency Department.

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If you are concerned, please contact the Emergency Department you first attended:	<b>Mercy University Hospital</b> (021) 230 5011	<b>M-UCC at SMHC (St. Mary's Health Campus)</b> (021) 4926900	<b>CUH</b> (021) 4920200	<b>Local Injury Unit Mallow General Hospital</b> (022) 58506	<b>Bantry General Hospital</b> (027) 52900
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## CUH TAC – radial head fracture



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### Advice & Information in relation to: Radial Head Fracture

- You have broken a small bone at your elbow called the radial head.
- This is a common type of break and heals well.
- We would expect your elbow to be sore for 3 to 6 weeks. Painkillers can help to decrease the soreness.
- The sling will hold your elbow comfortable for a few days.
- You will gradually wean yourself off your sling as the pain settles, and remove the sling completely as soon as you feel able.
- It is important to keep gently moving the elbow and resume daily activities within the levels of discomfort. This prevents stiffness and ensures the quickest return to function.
- You can start to return to light activities (carrying shopping bag, driving, swimming) as soon as it is comfortable and you have stopped using the sling.
- You should avoid contact sport and heavy manual labour until 12 weeks after the injury



Should you have any worries or concerns following discharge from Cork University Hospital, please contact the Trauma Assessment Clinic on 087-1008967 on Tuesday between 2.00 p.m – 4.00 p.m.

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