



CUH Trauma Assessment Clinic (TAC)



Cork Emergency Medicine

<http://EMed.ie>

What is the Trauma Assessment Clinic?

CUH Trauma Assessment Clinic (TAC) is a safe and fast process for assessing specified injuries which will determine if there is a need for you to attend an Orthopaedic Fracture Clinic. In many cases, there is no requirement for patients to attend a Fracture Clinic.

When does the Trauma Assessment Clinic Take Place?

The TAC takes place every Wednesday morning.

Where does the Trauma Assessment Clinic Take Place?

The TAC takes place in one of the consulting/examination rooms within CUH Fracture Clinic.

Who is present at the Trauma Assessment Clinic?

Consultant Orthopaedic Surgeon, Clinical Specialist Physiotherapist and Nurse.

Do I need to attend the Trauma Assessment Clinic?

No – you do not need to attend the TAC

What happens at the Trauma Assessment Clinic?

The Consultant Orthopaedic Surgeon will review your x-ray images and your Emergency Department notes, and will make a decision in relation to your follow-up care.

What Outcomes can I expect?

You may be discharged from the hospital, you may require a follow-up review at a Fracture Clinic or you may require a physiotherapy appointment.

How will I find out the outcome of the Trauma Assessment Clinic?

You will be contacted via telephone after the clinic by either the Clinical Specialist Physiotherapist or the Nurse who were in attendance at the TAC. You will receive this between 2.00 p.m. – 4.00 p.m. on Wednesday.

How can I contact the Trauma Assessment Clinic?

You can contact the TAC telephone line on 087-087-1008967 between 2.00 p.m. – 4.00 p.m. on Tuesday.

Should you have any concerns in relation to your injury, please attend your GP or local Emergency Department.

If you are concerned, please contact the Emergency Department you first attended:

Mercy University Hospital
(021) 230 5011

M-UCC at SMHC (St. Mary's Health Campus)
(021) 4926900

CUH
(021) 4920200

Local Injury Unit Mallow General Hospital
(022) 58506

Bantry General Hospital
(027) 52900





CUH TAC – Shoulder dislocation



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Advice & Information in relation to: Shoulder Dislocation

- You have dislocated your shoulder which means that the ball and socket joint (gleno humeral) at the shoulder has been disrupted.
- This is a common injury which usually requires a period of rest in a sling, followed by a period of rehabilitation, which may be helped by physiotherapy.
- Most people can expect to return to light clerical activity at 4-6 weeks, but it will be 4-6 months before most people will feel they are able to return to contact sport and overhead work.
- You will be contacted by telephone with further information relating to your injury.
- It is important to keep gently moving the elbow and resume daily activities within the levels of discomfort. This prevents stiffness and ensures the quickest return to function.
- You can start to return to light activities (carrying shopping bag, driving, swimming) as soon as it is comfortable and you have stopped using the sling.
- You should avoid contact sport and heavy manual labour until 12 weeks after the injury



Should you have any worries or concerns following discharge from Cork University Hospital, please contact the Trauma Assessment Clinic on 087-1008967 on Tuesday between 2.00 p.m. – 4.00 p.m.

If you are concerned, please contact the Emergency Department you first attended:	Mercy University Hospital (021) 230 5011	M-UCC at SMHC (St. Mary's Health Campus) (021) 4926900	CUH (021) 4920200	Local Injury Unit Mallow General Hospital (022) 58506	Bantry General Hospital (027) 52900
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