



CUH Trauma Assessment Clinic (TAC)



Cork Emergency Medicine

<http://EMed.ie>

What is the Trauma Assessment Clinic?

CUH Trauma Assessment Clinic (TAC) is a safe and fast process for assessing specified injuries which will determine if there is a need for you to attend an Orthopaedic Fracture Clinic. In many cases, there is no requirement for patients to attend a Fracture Clinic.

When does the Trauma Assessment Clinic Take Place?

The TAC takes place every Wednesday morning.

Where does the Trauma Assessment Clinic Take Place?

The TAC takes place in one of the consulting/examination rooms within CUH Fracture Clinic.

Who is present at the Trauma Assessment Clinic?

Consultant Orthopaedic Surgeon, Clinical Specialist Physiotherapist and Nurse.

Do I need to attend the Trauma Assessment Clinic?

No – you do not need to attend the TAC

What happens at the Trauma Assessment Clinic?

The Consultant Orthopaedic Surgeon will review your x-ray images and your Emergency Department notes, and will make a decision in relation to your follow-up care.

What Outcomes can I expect?

You may be discharged from the hospital, you may require a follow-up review at a Fracture Clinic or you may require a physiotherapy appointment.

How will I find out the outcome of the Trauma Assessment Clinic?

You will be contacted via telephone after the clinic by either the Clinical Specialist Physiotherapist or the Nurse who were in attendance at the TAC. You will receive this between 2.00 p.m. – 4.00 p.m. on Wednesday.

How can I contact the Trauma Assessment Clinic?

You can contact the TAC telephone line on 087-087-1008967 between 2.00 p.m. – 4.00 p.m. on Tuesday.

Should you have any concerns in relation to your injury, please attend your GP or local Emergency Department.

If you are concerned, please contact the Emergency Department you first attended:

Mercy University Hospital
(021) 230 5011

M-UCC at SMHC (St. Mary's Health Campus)
(021) 4926900

CUH
(021) 4920200

Local Injury Unit Mallow General Hospital
(022) 58506

Bantry General Hospital
(027) 52900





CUH TAC – Thumb metacarpal fracture



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- You have broken one of the bones in your hand, at the bottom of your thumb.
- These types of breaks usually heal well in a splint.
- We would expect your hand to be sore for 3-6 weeks. Painkillers may help manage the pain
- While you are wearing the splint you should gently move the rest of your fingers and wrist to prevent these joints from becoming stiff. You can continue to use your hand for light activities such as feeding, drinking and dressing.
- After 2 weeks you should start removing your splint as comfort allows and start to use your hand as normal as possible. Your hand may feel stiff at first, but this should improve with time and movement. It will take 6 weeks or longer before your hand returns to normal.
- You can return to full activities when you can make a full fist and fully straighten your fingers without any pain.
- As the bone heals a lump may form at the break site. This is normal and will remain, even when the break has healed.



Should you have any worries or concerns following discharge from Cork University Hospital, please contact the Trauma Assessment Clinic on 087-1008967 on Tuesday between 2.00 p.m – 4.00 p.m.

If you are concerned, please contact the Emergency Department you first attended:	Mercy University Hospital (021) 230 5011	M-UCC at SMHC (St. Mary's Health Campus) (021) 4926900	CUH (021) 4920200	Local Injury Unit Mallow General Hospital (022) 58506	Bantry General Hospital (027) 52900
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