# Management of Acute Pancreatitis

Clinical Guidelines



Royal College of Surgeons in Ireland November 2003



## Clinical Guidelines Committee

Royal College of Surgeons in Ireland

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| Gallstones | Hyperlipidemia        |                            | Infective  | Mumps<br>Coxsackie  |
|------------|-----------------------|----------------------------|------------|---------------------|
| Alcohol    | Hypercalcaemia        |                            |            | AIDS<br>Ascariasis  |
| Idiopathic | Drug induced steroids |                            |            | 115Ca11a515         |
|            |                       | Thiazide diuretics         | Autoimmune | SLE                 |
|            |                       | Aziothioprin               |            | Sjogrens's syndrome |
|            | Trauma                | Blunt abdominal            |            |                     |
|            |                       | Post-ERCP                  |            |                     |
|            | Mechanical            | Pancreatic divisum         |            |                     |
|            |                       | Pancreatic carcinoma       |            |                     |
|            |                       | Periampullary diverticulum |            |                     |

- 1. WCC > 15,000 mm<sup>3</sup>
- 2. Blood glucose >10 mmol/L
- **3.** Blood urea >16 mmol/L
- 4. LDH >600IU/L
- 5. AST >200IU/L
- 6. Plasma albumin <32g/L
- 7. Uncorrected plasma Ca<sup>++</sup> <2mmol/L
- 8. Arterial Pa0<sub>2</sub> <8 kPa

### Criteria present at paresentation

- 1. Age >55 years
- 2. WCC >16,000/mm<sup>3</sup>
- **3.** Blood glucose >10mmol/L
- 4. LDH >350IU/L
- 5. AST >250 IU/L

### Criteria developing within the first 48 hours

- 6. Haematocrit fall >10%
- 7. Blood urea >16mmol/L
- 8. Serum Ca<sup>++</sup> <2mmol/L
- 9. Arterial Pa0<sub>2</sub> <8 kPa
- 10. Base deficit >4 mmol/L
- 11. Fluid sequestration >6L

#### Acute physiology score

- 1. Temperature
- 2. Mean arterial pressure
- **3.** Heart rate (ventricular response)
- 4. Respiratory rate (ventilated or non-ventilated)
- 5. Oxygenation
- 6. Arterial pH
- 7. Serum sodium
- 8. Serum potassium

- 9. Serum creatinine (Double score if ARF\*)
- 10. Haematoo
- 11. WCC
- 12. Glasgow coma scale (score = 15 – actual GCS)

The APACHE II score is given by the sum of the acute physiology score and points given for age and chronic health evaluation.

\*ARF: Acute renal failure.

- 1. Enlargement of pancreatic gland
- 2. Ill-defined margins
- 3. Abnormal enhancement
- 4. Thickening of peripancreatic planes
- 5. Blurring of fat planes
- 6. Intra- and retro-peritoneal fluid collections
- 7. Pleural effusions
- 8. Pancreatic gas indicative of necrosis/abscess formation
- 9. Pseudocyst formation



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