

Paediatric Presentation with first afebrile seizure – outpatient / emergency department >2years <16years

- Referral received from Paediatric Emergency Department
- Referral triaged by Paediatric consultant

- Meets inclusion criteria
- Phone call to family to get further detail of events.
- Safety advice and seizure management discussed. Written advice posted.
- Request family keep a diary of events and or video of episodes
- Request EEG on iCM and contact Neurophysiology secretary #21313 to book into 1st seizure Monday slot
- Arrange OPD review within 4weeks of EEG

Outside agreed inclusion or exclusion criteria. Return to Paediatric Neurology Consultant clinic.

Inclusion/exclusion criteria:

- 2yrs -16yrs only
- 1st presentation with afebrile generalised tonic clonic or focal seizure
- If neurological deficits previously not investigated or previously unrecognised are identified - referral back to or consult with Paediatric Neurologist
- If abnormal development / ASD identified referral back to or consult with Paediatric Neurologist
- If any evidence of Todd's paresis or abnormal findings on neurological exam consider admission for urgent MRI
- Will need to be able to tolerate MRI brain without sedation / GA to comply with referral criteria

If neurological deficits previously not investigated or previously unrecognised are identified-referral back to or consult with Paediatric Neurologist.

Prior to discharge from ED please ensure:

- Complete thorough neurological exam
- Baseline bloods including FBC, LFTs electrolytes and glucose
- ECG complete
- Provide first seizure leaflet
- If first seizure required midazolam to abate – please prescribe appropriate dose buccal midazolam and provide basic seizure safety and buccal midazolam administration education
- Referral form completed & sent via internal post to Paediatric Epilepsy CNS office who notify Paediatric Consultant of referral via email
- Consultant to triage referral, request EEG on iCM, contact Neurophysiology secretary #21313 to book into 1st seizure Monday slot, and add to next available OPD for review

ILAE 2017 Classification of Seizure Types Expanded Version ¹

