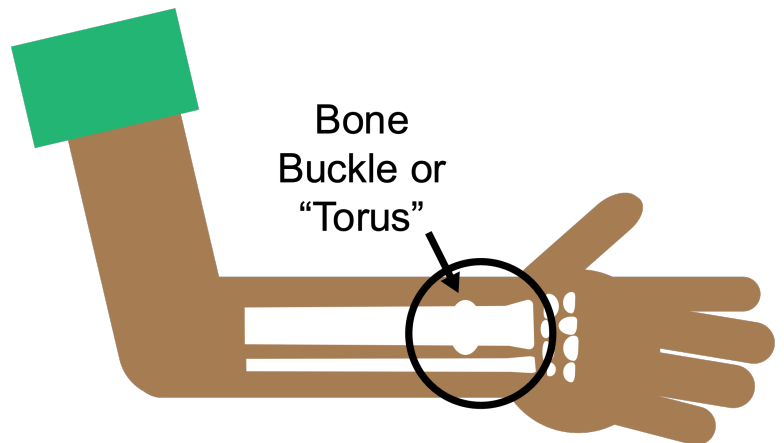


Patient Information: “Torus” buckle fracture

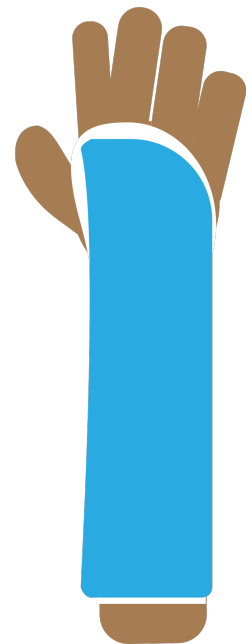
What is a buckle fracture?

A buckle fracture is a type of injury to the bone, where the bone has been squashed. Children’s bones are softer than adult bones and are more likely to squash rather than break after an impact. This can result in a bulge in the bone rather than a complete break. This injury is treated like a sprain and will not cause any long term problems.



Treatment

Buckle fractures heal so well by themselves that you do not need any special treatment. Most children start to use their wrist and hand comfortably again after a couple of weeks. They should be allowed to use the hand as much as they want, but shouldn’t do anything that causes them pain or discomfort. If the child wears anything on their wrist (i.e. a bandage), then this should be removed whenever the wrist becomes more comfortable – and certainly by 3 weeks. When moving the wrist in the next few weeks they may complain of mild stiffness and aching. This is



If you are concerned, please contact the Emergency Department you first attended:

Mercy University
Hospital
(021) 4271971

M-UCC
(St. Mary’s
Health
Campus)
(021) 4926900

CUH
(021) 4920200

Local Injury Unit
Mallow General
Hospital
(022) 58506

Local Injury Unit
Bantry General
Hospital
(027) 52900



Patient Information: “Torus” buckle fracture

normal and should settle down quickly. Your child should be allowed to return to sporting activities, physical exercise and rough play as soon as the pain settles.

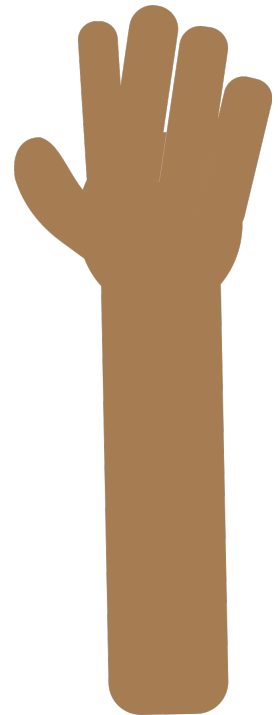
Follow up appointments

We should not need to see your child again. All your X-rays will be reviewed by a specialist to check your child has been given the right treatment and ensure there are no other problems.

They will contact you if they have any concerns, so please check that we have your correct details.

Things to look out for when your child goes home

Your child may have discomfort in their wrist which should settle over a few days. They may require simple pain killers (i.e. those that can be purchased over the counter at a chemist).



Information amended from the <http://www.forcestudy.org/> patient information sheet, March 2025

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