

Patient Information : Pre-tibial Laceration



Cork Emergency Medicine

EMed.ie



The cut on your leg is one which needs special care and can take anything between weeks and months to heal.

- We don't always use stitches on this type of cut because the skin is usually very thin on your leg, so instead we use paper stitches called steristrips.
- Your cut will heal better with a good supply of blood to it which is why we put the bandage all the way from your toes to your knee. This ensures a good even circulation to your leg.
- There may be two layers of bandage, one of which should be removed at night.

Do

- Keep your bandage on until your next visit
- Keep yourself mobile and walking around as usual
- Rest two or three times a day for half an hour each time by sitting or lying down with your legs higher than your bottom
- If you need painkillers take something like paracetamol

Don't

- Don't get your bandage wet
- Don't stand for a long time in one position

Please return to hospital before your next appointment if:

- Your leg bleeds heavily soaking the dressing thoroughly
- Your toes become very swollen
- You are worried about your leg for any reason at all

Doctors name for this consultation:

If you are concerned, please contact the Emergency Department you first attended:	Mercy University Hospital (021) 4271971	M-UCC at SMHC (St. Mary's Health Campus) (021) 4926900	CUH (021) 4920200	Mallow General Hospital (022) 21251	Bantry General Hospital (027) 52900
---	---	--	-----------------------------	---	---



Patient Information : Pre-tibial Laceration



Cork Emergency Medicine

EMed.ie



If you are concerned, please contact the
Emergency Department you first attended:

**Mercy University
Hospital**
(021) 4271971

**M-UCC at
SMHC (St.
Mary's Health
Campus)**
(021) 4926900

CUH
(021) 4920200

**Mallow General
Hospital**
(022) 21251

**Bantry General
Hospital**
(027) 52900

