



Patient Information: Torus Fracture Arm Children

Cork Emergency Medicine

<http://EMed.ie>

Your child has a "Torus" buckle fracture, which is a crinkling or buckling of the bone/s of the forearm. This is the most common type of fracture in young children. Young bone is very flexible and buckles instead of breaking.

This is a minor injury that heals very well and should not cause any long term problem.

The wrist support /splint will provide comfort and protection to the injured limb and will help to heal the fracture.

The splint must be worn for **three weeks** and should only be removed for washing and showering.

Please give your child appropriate doses of paracetamol or ibuprofen to help with the pain as it will still be sore for a short period even after the splint has been applied.

If your child removes the splint, just re-apply, it reinforcing the need to wear it.

Your child should **avoid contact sports** while wearing the splint and for a further 3 weeks after this (total 6 weeks).

We **do not need** to see your child again, **unless** s/he still has a problem e.g. they are still complaining of pain **2 weeks** after removing the splint.

If you do have concerns, please bring your child back to the Emergency Department, or Local Injuries Unit ideally on a weekday, Monday to Friday, between 08.30- 10.30 a.m.

If you are concerned, please contact the Emergency Department you first attended:

Mercy University Hospital
(021) 230 5011

M-UCC at SMHC (St. Mary's Health Campus)
(021) 4926900

CUH
(021) 4920200

Local Injury Unit Mallow General Hospital
(022) 58506

Bantry General Hospital
(027) 52900

