



## Truvada & Isentress

### Cork Emergency Medicine



### Truvada

- Truvada is a combination of 2 drugs tenofovir & emtricitabine
- Take ONE truvada tablet ONCE daily
- Truvada is usually taken with food

### Isentress

- Take ONE Isentress tablet TWICE daily approx. 12 hours apart
- There are no food restrictions with this drug
- Avoid taking multivitamins, calcium/magnesium supplements and antacids
- Tablets should be swallowed whole (not chewed, broken or crushed)

### Side effects

Side effects with both Truvada and Isentress are generally mild.

Some patients may experience:

- Mild headache
- Feel nauseous
- Stomach cramps
- Rash
- Tiredness
- Diarrhoea
- Vomiting

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If you are concerned, please contact the Emergency Department you first attended:

**Mercy University Hospital**  
(021) 230 5011

**M-UCC at (St. Mary's Health Campus)**  
(021) 4926900

**CUH**  
(021) 4920200

**Local Injury Unit Mallow General Hospital**  
(022) 58506

**Bantry General Hospital**  
(027) 52900

