



CUH Urinary Catheter in ED



Cork Emergency Medicine

<http://EMed.ie>

Advice for patients on discharge (nursing advice sheet)

1. **Wash hands**, before & after catheter care.
2. **Fluid intake**, 1 to 2 litres if not medically contraindicated.
3. **Bowels**, open regularly, most days.
4. **Practice**, connecting and disconnecting bag, demonstrate to open and close valve to empty bag.
5. **Change** sterile leg bag weekly.
6. **Attach** night bag to leg bag at night and attach to catheter stand & discard the following morning.
7. **Prescription & Supplies:** (supplies available from chemist, free on medical card).
 - a. **Leg bag x 2:** code bardia leg bag B500M.
 - b. **Night bag x 3:** code prosys 2000mls urine drainage bag,P2000+.
 - c. **Catheter stand:** code simpla flat pack bag stand coloplast ref 380431.
 - d. **Discharge Packs** available e.g. Shane O'Mahony gbsom@coloplast.com
 - e. **Please** add leg bags x 2 & night bags x 3 to discharge packs.

If patient does not have a medical card, advise to take wrapper of leg bag and night bag to chemist so they can be ordered. The patient will have to pay for supplies, phnr does not have supplies.

Follow up: not all patients who have a Catheter are under Urology, so if a patient is discharged and needs follow up Primary team need to refer to urology.

All long term catheters are changed every 10 weeks

PHNR referral to change female and SPC catheters.

Male catheters are changed by G/P's.

Not all G/P's change catheters, so it needs to be confirmed prior to discharge if G/P can change. If G/P unable to change catheter, primary team need to discuss with urology team, and patient may be booked into catheter clinic (urology secretary organises this booking). A prescription for catheters need to be provided as g/p's & PHNR s do not keep a supply. The code is on the wrapper of the catheter. Male size 14. Female size 12. SPC size 16, unless otherwise ordered.

If you are concerned, please contact the Emergency Department you first attended:	Mercy University Hospital (021) 230 5011	M-UCC at SMHC (St. Mary's Health Campus) (021) 4926900	CUH (021) 4920200	Local Injury Unit Mallow General Hospital (022) 58506	Bantry General Hospital (027) 52900
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