

Patient sticker

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Total Laryngectomy Individual Patient Care Sheet

Daily care of stoma area

- Saline and gauze ☐
- Cleaning towel ☐
- Use of tweezers to remove dried secretions ☐
- Nebulisers via stoma ☐

Daily change of baseplate and HME or PRN

- Remove HME and baseplate and discard ☐
- To aid removal, use adhesive remover ☐
- Clean stoma area (see above) ☐
- Use skin barrier to aid baseplate adhesion ☐
- Use silicone glue to aid baseplate adhesion ☐
- Apply new baseplate in line with stoma ☐
- Place new HME into baseplate ☐
- Buchanan bib/stoma protector ☐

Laryngectomy tube care

- 4 hourly clean of tube or PRN ☐
- Clean with laryngectomy tube brush under running warm water ☐
- Use optigel to aid insertion into stoma ☐
- Blue ring laryngectomy tube inserted into baseplate ☐
- Laryngectomy tube with ties ☐

Voice prosthesis Care

- Clean voice prosthesis after meals ☐
- Clean voice prosthesis if unable to voice ☐
- If central leakage noted, clean voice prosthesis ☐
- If continued leakage, commence level 2 fluids and contact SLT ☐

Further details such as training videos and bed signage can be found on EMED.ie – HEENT – ENT section – Laryngectomy Info.