

## MONITORS CHECKLIST FOR DOFFING PPE

DATE: \_\_\_\_\_ TIME: \_\_\_\_\_ LOCATION: \_\_\_\_\_

Patient name: \_\_\_\_\_ MRN: \_\_\_\_\_

HCW Name \_\_\_\_\_ Monitor Name: \_\_\_\_\_

	Activity	Monitors Initials
1	Monitor gives the following verbal warnings once the HCW enters the amber zone: <ul style="list-style-type: none"> <li>• “This is a high risk process where inadvertent contamination could occur”</li> <li>• “Exercise caution and care, being mindful of what you touch”</li> <li>• “Reflex actions must be avoided”</li> <li>• “Wait for my instructions prior to conducting any of the PPE doffing steps”</li> </ul>	
<b>Disinfect PPE</b>		
2	Disinfect outer-gloved hands with disinfectant sponge	
3	Disinfect coverall arms and neck with disinfectant sponge	
4	Disinfect apron with disinfectant sponge	
5	Discard sponge in bin	
<b>Apron</b>		
6	Use the scissors to cut the neck string & hold the apron at the top	
7	Discard scissors into the sharps bin	
8	Untie string at the front of the apron	
9	Remove apron taking care to avoid contaminating gloves by rolling the apron from inside to outside	
10	Discard apron into bin	
<b>Inspect PPE</b>		
11	HCW inspects the PPE ensemble to assess for visible contamination or cuts or tears	
12	If visible contamination, then disinfect affected PPE using a disinfectant sponge. Discard sponge in bin	
<b>Changing Outer (White) Gloves</b>		
13	HCW disinfects outer (White) Gloves	
14	Outer (White) gloves are removed and discarded into bin taking care not to contaminate inner (purple) gloves during removal process	
15	HCW inspects the inner (purple) gloves’ outer surfaces for cuts or tears	
	Cut/Tear Present	Disinfect inner (purple) gloves. Don a second

		pair or inner (purple) gloves	
	No Cut/Tear present	Disinfect inner (purple) gloves	
16	HCW puts on new outer (white) gloves		
<b>Visor</b>			
17	Verbal warning: "Avoid touching the front of the visor during removal"		
18	Tilt the head slightly forward		
19	Grab the rear strap of the visor		
20	Pulling the visor over the head, gently allow the visor to fall forward		
21	Discard visor into bin		
<b>Changing outer (white) gloves</b>			
22	HCW disinfects outer (white) gloves and removes them		
23	HCW puts on new outer (white) gloves		
24	Monitor instructs HCW to proceed to doffing tray		
<b>Coverall zipper</b>			
25	Verbal warning: "Avoid contact of scrubs with outer surface of coverall during removal"		
26	Tilt head back to reach coverall zipper		
27	Unzip coverall completely		
<b>Coverall Hood</b>			
28	Verbal warning: "Avoid grabbing the theatre cap along with the hood"		
29	Tilt head forward		
30	Pinch the hood about the temple area		
31	Roll hood down to shoulders without touching your scrubs		
<b>Coverall Arms</b>			
32	HCW disinfects outer (white) gloves		
33	Remove and discard outer (white) gloves into base of doffing tray		
34	HCW disinfects inner (purple) gloves		
35	HCW removes thumb strap		
36	<b>Verbal warning:</b> "Take care not to allow gloved hand to touch the outer of the coverall"		
37	Reach arm around back		
38	Allow one gloved hand to touch the edge of the cuff of the opposite sleeve		
39	Pull sleeve until shoulder / upper arm is freed from coverall.=and pause		
40	Then grab the <b>inner</b> material of the partially removed sleeve		
41	Continue to pull your arm out. The sleeve will turn inside out. Use the outer gloves hand to assist if necessary.		
42	Remove arm from the second sleeve using clean gloved hand to assist		
43	HCW rolls down the coverall to mid-calf level below tops of wellingtons		
<b>Theatre Cap and Respirator Mask</b>			
44	HCW disinfects inner (purple) gloves		

45	Inner (purple) gloves are removed and discarded into base of doffing tray taking care not to contaminate bare hands during removal process	
46	HCW performs hand hygiene	
47	HCW dons a new pair of inner (purple) gloves	
48	Tilt head slightly forward	
49	Grasp the bottom respirator strap	
50	Pull bottom strap up until you reach the top strap	
51	Grabbing both straps and the theatre cap, remove cap and respirator slowly without touching the front of the respirator	
52	Discard theatre cap and FFP3 respirator into base of doffing tray	
<b>Exiting Doffing tray</b>		
53	HCW disinfects inner (purple) gloves	
54	While sitting down , use the toe of the opposite boot to loosen one wellington without removing your foot	
55	Loosen the opposite boot	
56	Verbal warning: “ Remember to place feet onto ground outside of doffing tray once feet are out of wellingtons”	
57	Remove feet from wellingtons and swivel on bench so that feet land on the ground outside of the tray	
58	HCW disinfects and removes inner (purple) gloves	
59	Discard inner (purple) gloves in bin	
<b>Preparation for leaving amber zone</b>		
60	HCW performs hand hygiene	
61	Buddy performs a final inspection of healthcare worker for any indication of contamination of the surgical scrubs or disposable garments	
62	Monitor reminds HCW to rehydrate after leaving the PPE removal area	
63	HCW exits the PPE removal area	

Signed: \_\_\_\_\_ ( \_\_\_\_\_ ) Monitor