

## MONITORS CHECKLIST FOR DONNING PPE

DATE: \_\_\_\_\_ TIME: \_\_\_\_\_ LOCATION \_\_\_\_\_

Patient name: \_\_\_\_\_ MRN \_\_\_\_\_

HCW name \_\_\_\_\_ Monitor name: \_\_\_\_\_

	Activity	Monitors Initials
1	Monitor confirms with HCW that his/her vitals have been checked prior to donning PPE	
2	Monitor confirms HCW has no personal items or jewellery on their person	
<b>Ensuring all items of PPE are available</b>		
3	HCW ensures that each of the following is available in the appropriate size: <ul style="list-style-type: none"> <li>• Inner (purple) gloves</li> <li>• Coverall</li> <li>• Wellingtons</li> <li>• Duct Tape</li> <li>• Theatre cap</li> <li>• FFP3 Respirator</li> <li>• Apron</li> <li>• Outer (white) gloves</li> <li>• Visor</li> </ul>	
4	HCW inspects PPE ensemble (KIT) prior to donning	
5	I am going to read the donning sequence to you in a step by step fashion.	
<b>Inner (purple) gloves</b>		
6	HCW performs hand hygiene with ABHR	
7	HCW puts on first pair of purple gloves	
<b>Coverall</b>		
8	HCW puts on coverall, zipping it up half way	
9	HCW ensures cuffs of inner gloves are tucked under the sleeve of the coverall	
10	Thumbs are engaged in the thumb loops	
<b>Wellingtons</b>		
11	Ensure scrubs/undergarments are secured inside wellingtons	
12	Leg of coverall is then placed over the outside of the wellingtons	
13	Wearer stands up to ensure coverall and wellingtons are fitted correctly	

14	Duct tape is then used to affix the ankle opening of the garment to the outside of the wellingtons	
<b>Theatre cap and FFP3 Respirator</b>		
15	HCW places on theatre cap with the elastic portion at the forehead	
16	HCW puts on FFP3 Respirator	
17	HCW completes a user seal check	
<b>Coverall Hood</b>		
18	HCW raises hood so that it covers the theatre cap	
19	HCW zips up coverall fully, securing any zip overlap	
20	Buddy confirms with HCW that ears, hair and neck are completely covered and that respirator bands are tucked inside the hood	
<b>Apron and Outer gloves</b>		
21	HCW puts on full-body apron and ties to the front	
22	HCW puts on second pair of gloves with extended cuffs, ensuring the cuffs are pulled over the sleeves of the coverall	
<b>Visor</b>		
23	HCW puts on visor over the FFP3 respirator and coverall hood	
24	HCW secures the visor fastening knob	
<b>Verification of PPE Fit</b>		
25	HCW extends arms, bends at the waist, rotates neck and walks five paces	
26	HCW bends down quickly to pick up a pen from the floor	
27	Monitor verifies the integrity of the ensemble (kit) and that there is no skin exposure	
28	Monitor writes HCWs name onto the apron in permanent marker	
<b>Verbal Warning</b>		
29	<p>Monitor reminds the HCW of the following</p> <ul style="list-style-type: none"> <li>• “reflex actions must be avoiding in the red zone”</li> <li>• “no PPE is to be adjusted or removed in the Red zone”</li> <li>• “Disinfect outer gloves after each interaction with patient”</li> <li>• “Gloves must not be removed in the red zone”</li> <li>• “Prior to exiting red zone, remove any heavy soiling on your PPE”</li> <li>• “Should a sharps or needle stick injury occur move immediately to the amber zone”</li> </ul>	
30	HCW disinfects outer-gloved hands with ABHR and proceeds to patient room	

Signed \_\_\_\_\_ ( \_\_\_\_\_ ) Monitor