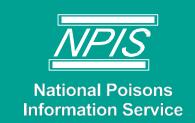


Low Toxicity Substances



If ingested:

These substances are considered to be of low toxicity when ingested acutely. They may cause oral irritation and mild

gastrointestinal upset but other features are unlikely to present

What to do:

A small glass of water (or milk or juice) may be given if there is mild gastrointestinal upset

If considerable quantities are ingested or persisting or worrying symptoms are present medical professionals should consult TOXBASE® (www.toxbase.org) or contact the NPIS

In the Garden

Animal urine/faeces

Bird faeces

Compost

Dog and cat faeces (less than 10 days old)

Earth/Soil Grass Peat

Slugs, snails and worms

Small dead insects or spiders

Plants

African violet (Saintpaulia ionantha)

Cacti

Carnation (Dianthus)

Christmas cactus (Schlumbergera bridgesii)

Cyclamen

Dandelion (Taraxacum officinale)

Daisy (Bellis perennis)

Fuchsia

Geranium (Pelargonium species)
Hawthorn (Crataegus monogyna)

Honeysuckle (Lonicera species)

Jasmine

Marigold (Calendula officinalis)

Nasturtium (Tropaeolum majus)

Pansy (Viola tricolor)
Petunia

Primrose (Primula vulgaris)

Rose (Rosa species)

Rowan (Sorbus aucuparia)

Snapdragon (Antirrhinum majus)

Spider plant (Chlorophytum comosum)

Star Gazer Lily (Lilium speciosum)

Yucca

Violet (Viola tricolor)

Craft Items

Ball point pen ink

Blu Tack® and similar preparations**

Chalk

Children's paints

(including face, finger, powder and poster)

Crayons (wax)

Crepe paper

Felt tip pen ink

Gel pen ink

Glue (water based or PVA and stick such as Prit stick®)

Glitte

Pencil lead (graphite)

Plasticine ® (not Play Doh ®) **

Putty**

-Substances marked ** could pose an obstruction risk.

Cosmetics and Toiletries

Aftersun lotions and creams

Aloe Vera

Baby wipes **

Bubble bath*

Deodorant, non-aerosol

Face masks

Hair conditioner/shampoo* (not insecticidal or

medicated)

Liquid soap*

Moisturiser/hand cream/body lotion

Shaving foam

Shower gel*

Solid cosmetics

(e.g. lipstick, ChapStick[®], eye shadow, foundation)

Solid (Toilet) soap*

-Substances marked * may produce foam if ingested in large amounts. There is a small risk of aspiration into the

lungs if vomiting occurs.

-Substances marked ** could pose an obstruction risk.

Pharmaceuticals

Antacids (e.g. Rennie®)

Aqueous cream

Calamine lotion

Cough sweets/lozenges

Evening primrose oil

Folic acid

Guaifenesin-only cough preparations

Hormone replacement therapy (HRT)

Homeopathic preparations (not herbal remedies)

Hydrocortisone cream

K-Y Jelly ®

Nappy rash cream (e.g. Bepanthen ®) #

Oral contraceptive pill

Omega 3 fish oils

Prednisolone

Pyridoxine

Sudocrem ®#

Thiamine

Vitamins B, C and E

Witch hazel

Zinc oxide cream

-Substances with # may post a small aspiration risk.

Cleaning Products

Air freshener, non-aerosol

(not reed diffusers and electrical plug-ins)

Cleaning wipes (such as floor or surface wipes)**

Household liquid carpet cleaner*

Washing up liquid*

(not dishwasher products)

-Substances marked * may produce foam if ingested in large amounts. There is a small risk of aspiration into the lungs if vomiting occurs.

-Substances marked ** could pose an obstruction risk.

Miscellaneous

Artificial sweeteners

Bubble liquid*

Candles

Cat litter**

Chewing gum (nicotine-free)

Coal and artificial coal**

Foil

Food packaging/sweet wrappers

Human urine/faeces

Ice packs for cooling food or drink (not sports

injuries)

Indoor emulsion paint

Luminous glowsticks/necklaces

Matches

Mouldy, out-of-date or raw food

Nappies or incontinence pads**

Newspaper

Polystyrene**

Sand incl Kinetic or Magic sand**

Silver paper/foil

Silica gel (desiccant sachet)

Teething rings
Tinsel

Wallpaper paste

-Substances marked * may produce foam if ingested in large amounts. There is a small risk of aspiration into the lungs if vomiting occurs.

-Substances marked ** could pose an obstruction risk.

Animal or Plant food

Bird seed

Cat and dog food

Cut flower food

Fish food

Animal/Dog chocolate drops

The information provided is designed solely for use by healthcare professionals and limited to being an additional support for medical decisions. Reliance upon any information is entirely at the persons own risk.

For medical advice members of the public should contact: NHS 111 in England & NHS 24 in Scotland (Tel 111); NHS Direct in Wales: (Tel 0845 4647). ROI; for advice on accidental poisoning (01) 809 2166

In an emergency, if the patient has collapsed or is not breathing properly call 999 immediately.